

PHYSICAL EDUCATION POLICY

Chapel en le Frith C of E VC Primary School

[illegible]

1. Intent

Physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities. Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Thus we enable them to make informed choices about physical activity throughout their lives.

The aims of PE are:

- To enable children to develop and explore physical skills with increasing control and co-ordination;
- To encourage children to work and play with others in a range of group situations;
- To develop the way in which children perform skills and apply rules and conventions for different activities;
- To teach children to recognise and describe how their bodies feel during exercise;
- To develop the children's enjoyment of physical activity through creativity and imagination;
- To develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.
- To provide children with a skillset which can be used and developed throughout their lives.
- To encourage a positive attitude toward participation
- To ensure all children have access to and participate in a full range of physical activities.

2. Implementation

Our PE statement is "Be the Best You Can Be!" Our focus is being able to achieve a personal best. The children are taught to become reflective learners and focus on their own performance and suggest ways they can improve. All children are encouraged to participate and lessons are differentiated to meet the needs of all learners. UK Sports also provide a specific lesson on a Friday tailored to the needs of a wide range of SEND needs. As required by the National Curriculum, all classes are timetables 2 x 1 hour PE lessons per week with a mixture of indoor and outdoor activities.

In Key Stage 1, we teach dance, games, gymnastics and fundamental skills. In Key Stage 2 we teach dance, a wide range of team games and gymnastics. Our bespoke curriculum is skills based and the

lessons are planned to specifically develop these over a half term. The children then compete in inter-house competitions within their year group. Year 4 children also attend swimming and water safety throughout the year. Any children who do not achieve the National Curriculum requirement of being able to swim 25M are identified to continue their swimming lessons.

2.2. The Foundation Stage

2.2 We encourage the physical development of our children in the reception class as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

2.3. Resources

There are a wide range of resources to support the teaching of PE across the school. They are stored safely in the KS1 and KS2 hall. KS2 children are encouraged help to set up equipment as part of their work. All staff are responsible for the tidiness of the PE cupboards. If any resources are missing or found to be damaged, the P.E. co-ordinator should be informed as soon as possible so that such items can be repaired or replaced if necessary.

2.4. Health and safety

The general teaching requirement for health and safety applies in this subject. All staff are to work to the codes of practice in PE as outlined in the Safe Practice in Physical Education, School Sport and Physical Activity (Association for Physical Education afPE).

When working with equipment in practical activities and in different environments, pupils are taught:

- about hazards, risks and control
- to manage their environment to ensure the health and safety of themselves and others.
- to set up the equipment safely. All equipment maintained by DCC – Head teacher responsible)

All children and staff are expected to change for PE and to wear an appropriate kit. Jewellery is not permitted in any practical, physical activity. Staff cannot remove earrings for children.

They should remove them before coming to school or the children are to cover their piercings using plasters.

The PE dress code for the school is as follows:

- EYFS – Children are not expected to have a change of clothing for PE, although trainers and shorts are required for PE during the summer months.
- KS1 & KS2 – All children should have a clearly named indoor and outdoor PE kit. Indoor – children should wear black pumps, sports shorts and a T-shirt in the colour of their house team. Outdoor – Children should wear their colour house t-shirt, trainers and can wear jogging bottoms/ track suit during the colder weather.
- Staff – Staff should change into an appropriate PE kit and wear trainers.

Where appropriate adults other than teachers are used to support and develop some areas of the curriculum. All relevant checks are required prior to appointment. We currently have UK Sports who provide daily after school clubs for both KS1 and KS2 children. UK Sports are also closely working with the PE coordinator to develop staff CPD across the school.

2.5. Extra-curricular activities

As a healthy school we promote a wide range of activities for pupils of all ages. The school provides a range of PE-related activities that run each day afterschool. These encourage children to further develop their skills in a range of the activity areas. The school sends details of the current club activities to parents at the beginning of each term. In addition, talented and vulnerable children are identified and encourage to join appropriate clubs. The school also attends and hosts a range of competition and events both inter school and with other local schools. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children. It also provides children with the opportunity to go and have a go at a wide range of new sports.

3. Monitoring of Impact

The teaching of PE is monitored by the Head teacher in conjunction with the PE coordinator. They aim to work together to monitor the standard of the children's work and the quality of teaching in line with the school's monitoring cycle. This may be through lesson observations, work scrutiny, monitoring of assessments or pupil interviews.

The subject leader is also responsible for supporting colleagues in the teaching of PE and developing their continued professional development. All staff should be informed about

current developments in the subject and for providing a strategic lead and direction for the subject in the school.

3.1 Assessment

Pupils are assessed in line with the current school assessment policy. Parents can gain feedback on their attainment through the end of year reports. The current bespoke scheme of learning in school offers regular assessment opportunities. The assessment recording system is monitored by the PE coordinator.